



Creative, empowering skills socials for better mental health

Membership Application Form

Thank you for your interest in Make, Do and Mend which is a creative organisation for people who have used mental health services or have experience of mental health distress.

To become a Make, Do and Mend member you will need to:

- be able to get into Cambridge to attend our socials
- have personal experience of mental health distress or be at risk from social and economic exclusion.

Please fill in your details. You will then be able to attend socials, volunteer your own skills, meet new people, make new friends and benefit from our information and signposting service.

Once we receive your application we will need to agree a member support agreement with you in the event that you need medical help whilst you are attending one of our socials.

Our socials aim to be as inclusive as is possible. If you have any special requirements which would enable you to take part in a social we will do our best to accommodate you. You are invited to bring along a companion if you would like someone you know to be with you.

Please note that all of your information will be handled in strictest confidence and will not be shared with anyone else without your permission.

Your Details

Name:

Address:

Postcode:

Contact numbers:

Email address:

Skills:

How did you hear about us?

Is there anything that we need to know that would help us to support you in attending socials?

I have read and understood the member guidelines and member support agreement.

Signature:

Date:

Email consent

As a member you will receive updates that Make, Do and Mend feel would be of interest to you. You can unsubscribe at any time. If you are happy to receive emails from Make Do and Mend please check this box.



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Photo consent

From time to time we like to take photos to promote what we do. Please check this box if you are happy to give consent for photos of you taken at Make, Do and Mend to be used in this way.

Our Socials

Please check the latest calendar on our website for details of current socials. Here are some of them:

Art
Crafts
Computer skills
Creative writing
French
Gardening at our allotment
Jewellery making

Please return by post to:
Make, Do and Mend, 70 Bishops Road, Cambridge CB2 9NH

or by email to: makedoandmendteam@gmail.com

We look forward to hearing from you.